



**Stockport Project:** The Stockport Project provides short and medium term supported accommodation for single homeless people. The accommodation consists of shared houses and single, self contained flats. Support is provided with a view to assisting residents to move on to independent accommodation.

### Why I needed Adullam

“I was born and grew up in Manchester, I had a very troubled childhood and found myself in care and expelled from all the schools I attended. I had no direction or vision and soon involved myself in drugs and crime. I spent 7 years behind bars. I eventually hit rock bottom when there was no one left to share my pain with.



Derek >> 04

“I self referred to a treatment centre called Alcohol and Drugs Abstinence Service (ADAS); this was the beginning of my new life. I was homeless at the time and was lucky enough to access Acorn House. I finished my treatment and was six months clean, the tenancy at Acorn House only lasted for six months, and I was in real danger of being homeless again. This is when I first heard about Adullam. I didn't know it at the time but this was the beginning of a new and rewarding chapter of my life. Pat became my key worker and I was offered a tenancy in a flat in Heaton Chapel. At this point I had never had my own flat, even though I was 38 years old.

“The flat was of good size and I soon settled in, all the things I needed was provided by Pat, and we started to have weekly support sessions. As part of my continuing rehabilitation I started a Health and Social Care GNVQ Level 1 and 2. Pat sat down with me at each session we had, and gave sound advice on budgeting and other aspects on running a household, but ultimately it was up to me to put the suggestions into practice and that is what I did and continue to do to this day. One session that stands out is the day I was going through a bad time concerning access to my two sons, Pat came for our support session and I told her what was going on. She sat with me for an hour and a half and let me vent my frustrations and concerns, it was just what I needed at that moment and I will always be grateful to Pat for that day.

“I eventually received an offer from a Housing Association of a flat in Offerton, Stockport. I now work full time in ADAS as an assessment worker, and my academic studies are ongoing. I am over two years clean from mind altering substances including alcohol, and have never felt this productive and happy, and although there were many people and organisations who have helped me along the way Adullam and Pat gave me a stable address and support, without it I wouldn't be where I am today.”

Derek